Resources for Graduate Students

Graduate Student Advisory Council January 30, 2019





Outline

- Graduate Student Advisory Council (GSAC)
- How to Search for University Resources
- Overview of Selected Resources
 - Health
 - Safety, Legal Issues, and Conflict Resolution
 - Residential Services
 - Money Matters
 - Career and Development





Established in November 2018 Members:

- Opeyemi Olokede (Thomas) Chair
- Jyot Antani Secretary
- Ari Ufondu Executive Assistant
- Pritishma Lakhe
 - Interim: Behnaz Rahmani
- Hallie Graham
- Spyridon (Spyros) Tsolas
- Edwin Lavi

Purpose:

- to advocate for the graduate student body
- to facilitate departmental improvement
- to form a communication line between students, faculty and stuff



Website:

www.cheqsatamu.com/chen-qsac



Membership based on student elections 1 year service term Activity:

Monthly meetings (and as needed):

- Receive and discuss student feedback
- Provide feedback to department
- Organize initiatives to support graduate students

Online Resources

Get access to:

- Agendas of past meetings
- Copy of by-laws, and
- Provide feedback for matters to be discussed in future meetings



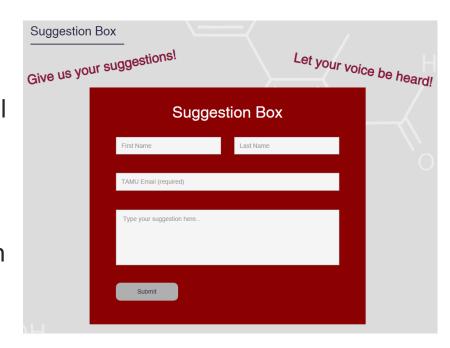
Website:

www.cheqsatamu.com/chen-qsac



So far:

- Established by-laws
- Met with Department's Advisory Council
- Created website
- Created GSAC email account to communicate with student body and inform about events
- Organized today's informational session



Website:

www.chegsatamu.com/suggestion-box



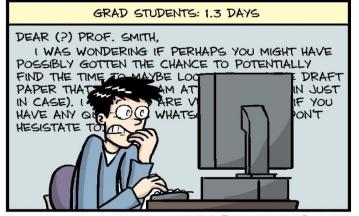
Important - Save the Date:

Departmental social with graduate students and faculty

- Feb 20 3-5PM
 @ ZACH 297 (expect an official invitation)
- To-be-established as graduate students tradition

AVERAGE TIME SPENT COMPOSING ONE E-MAIL





WWW. PHDCOMICS. COM





Website:

http://catalog.tamu.edu/undergraduate/general-information/services/

Plethora of useful resources (<u>links and</u> <u>descriptions</u>) for all students

Examples:

- University Scholarship Application
- Career Center
- Health Promotion
- Student Conduct Office
- Student Counseling Service
- Student Health Services
- Student Legal Services

SERVICES FOR STUDENTS

Home > Undergraduate Catalog > General Information > Services for Students

Please click on a link below to easily navigate to that section on this page:

Academic Advising

Academic Success Center

The Association of Former Students

Career Center

Consensual Language, Education, Awareness and Relationships (CLEAR)

Disability Services

Gay, Lesbian, Bisexual, Transgender (GLBT) Resource Center

George Bush Presidential Library and Museum

Health Promotion

International Student Services

Memorial Student Center

Department of Multicultural Services

Ombuds Services

Professional School Advising

Student Assistance Services

http://sas.tamu.edu

- · Referrals/Resource Connections such as:
 - Personal
 - Academic
 - Community
- · Student absence notification
- Sexual violence response
- · Assistance in coordinating family needs in the event of an emergency
- Transition issues
- · General consultation:
 - University rules
 - Process
 - · Faculty concerns



Website:

http://catalog.tamu.edu/graduate/campuslife-resources/

Plethora of useful resources for graduate students

Notable:

- The Academy for Future Faculty
- Center for Teaching Excellence
- GRAD Aggies
- Adult, Graduate and Off-Campus Student Services
- Graduate and Professional Student Council (GPSC)

CAMPUS LIFE AND RESOURCES

Home > Graduate and Professional Catalog > Campus Life and Resources

Please click on a link below to easily navigate to that section on this page:

The Academy for Future Faculty

Adult, Graduate and Off-Campus Student Services

Becky Gates Children's Center

Center for Teaching Excellence

Center for the Integration of Research, Teaching and Learning

Consensual Language, Education, Awareness and Relationships (CLEAR)

Corps of Cadets, Office of the Commandant

Disability Services

First Professional Appeals Panel

Gay, Lesbian, Bisexual, Transgender (GLBT) Resource Center

George Bush Presidential Library and Museum

GRAD Aggies

Graduate and Professional Student Council

Health Promotion

International Student Services

Memorial Student Center (MSC)

<u>Department of Multicultural Services</u>

Office of Graduate and Professional Studies Workshop Series

Recreational Sports

Department of Residence Life

Academic Success Center:

http://successcenter.tamu.edu/Student-Resources/A-M-Resources

Notable:

- Academic Calendar
- Aggie Honor System Office
- English Language Institute
- MacResource Computers MSC
- Office of Graduate & Professional Studies
- Office of the Registrar
- Software Center
- Student Business Services

Helpul Links

Academic Advising

Since advising procedures for every major vary, please contact your department to find out advising requirements, hours and locations.

Academic Calendar

Aggie Honor System Office

The purpose of this office is to serve as a centralized system established to respond fairly to academic violations of the Aggie Code of Honor.

Campus Maps

Provides links to maps of campus, construction locations, parking, and featured events as well as bus routes

Career Center

This office provides career advising, handouts regarding majors, walk-in resume review, workshops, on campus interviews, assistance with interviewing skills, connections to former students as well as employers that recruit both on and off campus, and help finding internships, externships, co-ops, and work abroad.

<u>Department of Multicultural Services</u>

Offers support services as well as diversity education programs that foster inclusive learning environments for **all** students. Services include a free peer tutoring program (tutor.tamu.edu), CLUES learning community, cultural seminars and day trips, diversity education seminars, and several student organizations and leadership institutes.

Overview of Selected Resources: Health







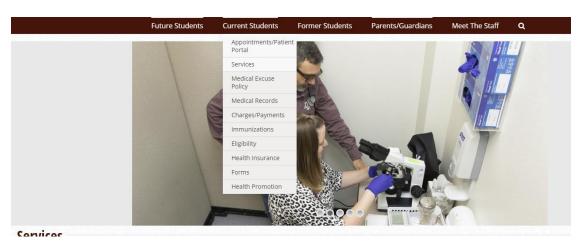


https://shs.tamu.edu/services/

Dial-A-Nurse	EMS	Laboratory		Medical Clinic		Nutrition Services		Pharmacy	
Physical Therapy Preventive		ve Medicine		Radiology		Referral Coordination		Women's Clinic	



SHS Patient Portal



SHS Patient Portal Home for Home Profile Appointments You last logged in: 1/30/2019 10:58:20 AM → Log Out Handouts Welcome to your patient portal for Texas A&M University Student Health Services. Messages Please choose from the navigation options on the left. Survey Forms If you have lab results ready, that have been posted for you by our staff, please check under the Messages section. [Version: 12.11.4524] [Connection Service: 12.11.0.4524] Medical Records / Results Immunizations https://cas.tamu.edu/cas/login?service=https://shsportal.tamu.edu Log Out



Student Counseling Services

- AOD/Addiction
- Career Counseling
- Couple Counseling
- Crisis Intervention
- Group Counseling
- Learning Disability and ADD/ADHD Screenings
- Personal Counseling
- Psychiatric Services
- Self-Help, Outreach, and Consultation
- Stress Management & Biofeedback Services
- Testing Services

Website: https://scs.tamu.edu/

Location: Student Services @ White

Creek. Take the on-campus Bus Route 03

("Yell Practice.")





Health Promotion

- -Educate and inform on all aspects of health and wellness
- -Provided guides and tips
 - Physical health, nutrition, Sleep, etc.
 - Mental health, Stress management, etc.
 - Alcohol, drugs, medication, etc.
 - Healthy relationships, consent, etc.
 - Sexual health, etc.

Health Promotion

Home
Contact Us
Resource Request
Meet the Staff
How to Find Us
Wellness Spotlight
Presentations
Programs and Services
Events
Health and Wellness
Topics
Get Involved





Health Promotion and the former office of CLEAR (Consensual Language, Education,
Awareness, and Relationships) have merged under one unified title of Health
Promotion. By working together, our office is better able to support YOU!

REQUEST A Presentation QUESTIONS AND CONCERNS

TELL SOMEBODY Report

We're open Monday through Friday from 8:00 am to 5:00 pm.

https://studentlife.tamu.edu/hp/



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 - Alcohol, drugs, medication, etc.
 - Healthy relationships, consent, etc.
 - Sexual health, etc.



https://studentlife.tamu.edu/hp/topics/

Tell Somebody

Online report form for non-emergencies

Can be submitted anonymously

If not sure about:

- student's behavior
- student's emotional distress
- student's disruptive behavior
- faculty member's behavior
- staff member's behavior

Contact:

- Dean of Student Life
- Student Counselling Service
- Student Conduct Office
- Dean of Faculties
- Human Resources

TELL SOMEBODY

Hom

Reporting Form

Resources

Special Situations Team

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Oftentimes after a tragedy, people come forward with information and observations that, in retrospect, may have signaled a larger issue. This information when viewed collectively may be helpful in preventing tragic events and initiating assistance to an individual. Texas A&M University is committed to a proactive approach and needs your help.

As a member of this University community, if you observe any behavior that is concerning you may report the behavior using the online report form or by contacting one of the Special Situations Team members during business hours. The Special Situations Team is comprised of University faculty and staff charged with helping students, faculty and staff who are exhibiting concerning behavior.

The submitter of the report has the option to fill in contact



information or submit the report an information may limit the Team's ability to follow up on an incident. Once a report is submitted online, a copy is emailed to the entire team for appropriate review and necessary action. NOTE: Confidentiality cannot be guaranteed for reports submitted through this site. State law determines confidentiality.

This is not a system to be used for emergencies. If you are in an emergency situation that requires medical, psychological or police services, call 911.

Even when there is no threat to harm, it is recommended to involve others to discuss concerning behavior.

- If you don't know whether to be concerned about a student's behavior, contact the Dean of Student Life at 979-845-3111,
- If you need to consult with someone about a student in emotional distress, contact the Student Counseling Service at 979-845-4427.
- If you need to consult with someone about a student's disruptive behavior and the university conduct system, contact the Student Conduct Office at 979-847-7272.
- If you don't know whether to be concerned about a faculty member's behavior contact the Dean of Faculties at 979-845-4274.
- If you don't know whether to be concerned about a staff member's behavior contact Human Resources at (979) 862-4027.

https://tellsomebody.tamu.edu

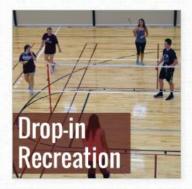


Athletic Services

The Recreational Center https://recsports.tamu.edu/

















PEAP: Physical Education Athletic Program

Lifetime Fitness, Lifetime Wellness, Lifetime Activity

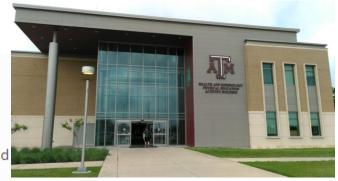
The Physical Education Activity Program (PEAP) at Texas A&M University has been recognized as one of the best programs of its kind in the United States.

PEAP offers a wide variety of courses, focusing on "Lifetime Fitness, Lifetime Wellness, and Lifetime Activity."

 KINE 199 (1 credit hour): Over 50 types of exercise and physical activity classes are available in this elective course. Classes are open to all students at all levels of experience.

PEAP also offers real world science courses that fulfill the University's Core Curriculum requirements:

- KINE 120 (1 credit hour): Students will learn the fundamentals of stress, exercise, nutrition, disease and drug use while participating in a physical activity of their choice.
- KINE 223 (3 credit hour): This course incorporates several domains of integrative learning. Here, students will learn fundamentals of health, science, and performance while participating in a physical activity of their choice.







http://peapcourses.tamu.edu/



Domestic Abuse

- Step In Stand Up
 https://stepinstandup.tamu.ed
 u/education-resources.html
- Incidents can be reported to OGAPS at (979-845-3631)
- For a safe escort on campus contact corp escorts (979 845-6789)
- Emergencies can be reported to the university police number: (979) 845-2345 (on the back of the TAMU card)





⇒ GREEN DOT BYSTANDER TRAINING

Green Dot teaches Aggie faculty/staff and students to be aware of potential violence around them and provides the skills, strategies, and tactics to use the power of peer influence to intervene appropriately and safely in high-risk situations. Green Dot teaches how to become an active bystander when acts of power-based personal violence are witnessed.



Disability Services



Disability Services is available for all students with

- Accommodations Coordination
- Testing Administration Center (TAC)
- Assistive technology services (ATS)
- Communication Access Services

Website: https://disability.tamu.edu/

Phone: 979-845-1637

Location: Student Services at White Creek



Many great resources for students and instructors

Overview of Selected Resources: Safety, Legal Issues, and Conflict Resolution





Student Legal Services

https://studentlife.tamu.edu/sls/



Student Legal Services



- Free Notary Public services (For your identification, bring a governmental identification card, such as driver's license, ID or passport. Not a student ID.)
- Landlord/Tenant Disputes
- Criminal Law
- Expunctions
- Automobile Accidents
- Traffic Tickets
- Consumer Protection
- Contracts
- Last Will and Testament
- Power of Attorney
- Name Change
- Divorce
- Paternity Issues
- Insurance Disputes
- Real Estate
- Demand Letters
- Debts
- Mediation



Student Legal Services

Offices of the Dean of Student Life
DIVISION OF STUDENT AFFAIRS

Home Dean's Office GSS TO GLBT TO HPT NSFP TO OCSS TO SE

https://studentlife.tamu.edu/sls/

Student Legal Services

Schedule an appointment:

Student Legal Services is located at White Creek,
Building 0072, Student Life Building #3, 861 West
Campus Boulevard. To schedule an appointment, please
call the Student Legal Services office at 979.862.4502.
Please bring the Student Legal Services Intake
Form and pertinent data, documentation, or
information to the appointment in order to maximize
your ability to take prompt action.

Looking for a Roommate Contract?

Click here for a Roommate Contract.





OGAPS Ombuds Officer

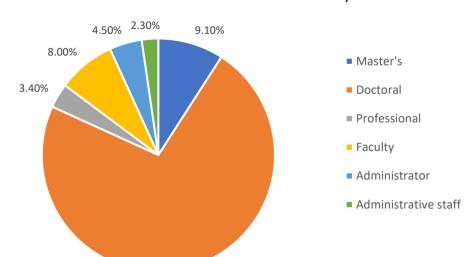
https://ogaps.tamu.edu/New-Current-Students/Ombudsperson

ion

Or Google "OGAPS Ombuds"

ombuds@tamu.edu

- Fair processes of graduate education
- Misunderstandings and conflicts
- Converse with an Ombuds officer if you don't know where to turn
- Informal, neutral, confidential resource to discuss conflicts



72.70%

Exhibit 2. Visitor Roles at the University

An **ombudsman**, ombudsperson, **ombud**, or public advocate is an official who is charged with representing the interests of the public by investigating and addressing complaints of maladministration or a violation of rights.

Ombudsman - Wikipedia https://en.wikipedia.org/wiki/Ombudsman



Corps Escorts and Car-pool

Corps Escorts

 Corps escort will meet and walk with you to most on-campus locations.

- Hours: 5 PM - 7 AM

- Phone: 979-845-6789



- FREE, nonjudgmental rides home on weekends
- 10:00 PM to 3:00 AM on Thursday, Friday, and Saturday nights
- Phone: 979-693-9905

Phone numbers on back of student ID

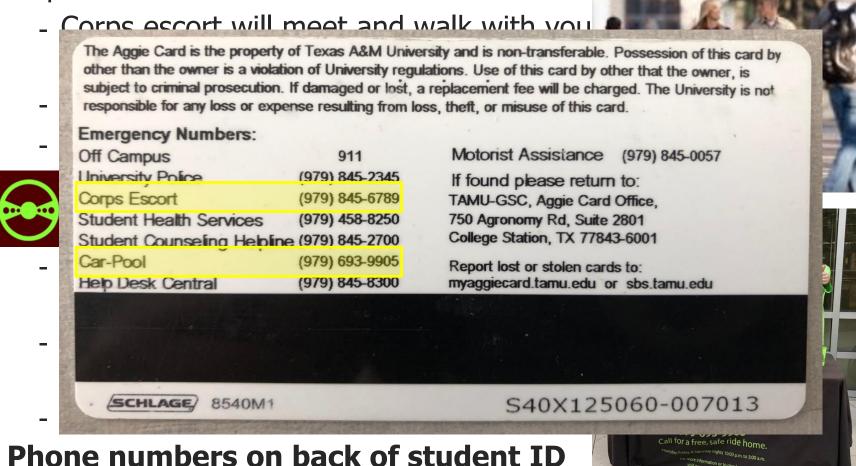






Corps Escorts and Car-pool

Corps Escorts



28



What Should You Do In An Emergency

- Be aware of your surroundings.
- Protect yourself.
- Call for help.
- Help others.



Emergency or "blue light" phones have been installed at various locations across campus.

Code Maroon: alert system

Sign-up at https://codemaroon.tamu.edu

More info at: https://www.tamu.edu/emergency/

Phone: 911 or 845-4311 for Facility Emergencies



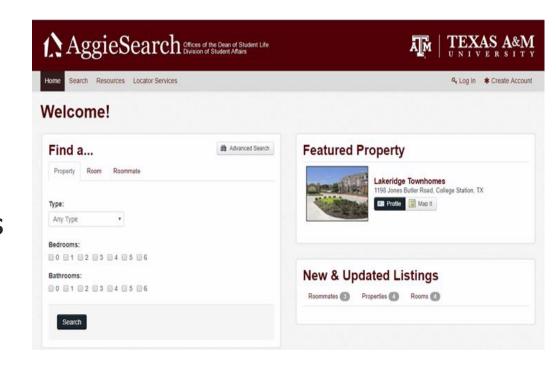
Overview of Selected Resources: Residential Services





AggieSearch

- <u>LOCAL</u> apartment finding tool
- A good deal of customizability to find the perfect apaertment/roommates
- Ideal for new students or current students looking for a change of scene
- Beware of scams!



https://aggiesearch.ta mu.edu/



Homebase Services

- FREE resource for housing arrangements and alumni networking in a new city
- Ideal for recent graduates and interns!
- Long relationship with the Bush school-starting to work with Engineering Depts.

https://www.homebaseservices.com/university-directors/



FIND YOUR PLACE

Automatic searching of apartment listings

Daily or Weekly reporting of apartment matches

Deal alerts

Secure a place 6-12 months before move in date

New City Orientation

100% FREE! CREATE ACCOUNT

FIND YOUR TRIBE

Access to profiles of other young professionals

Room mate alerts

Get alerted when alumni move to your city

Connect with your school's young alumni association

Adjustable privacy filters

100% FREE! CREATE ACCOUNT

Overview of Selected Resources: Money Matters





Health Insurance & Benefits

Graduate students can choose to pay for the following:

- Health Insurance
- Dental Plan
- Vision Plan
- Life Insurance
- Long-term Disability Insurance

Katie Cates



Employee Benefits Specialist katiecates@tamu.edu (979) 458-7693

TAMU Campus Office Hours

Mechanical Engineering Office Building (Room 532) Phone: 979.847-5849 Tuesdays and Fridays 8:30 a.m. - 10:30 a.m.

On Campus Office Hours



Money Education (ME) Center

Money Management

Repayment

Eating on a Budget

Credit Cards & Credit Scores

Identity Theft

Graduating: Now What?

Hours: Monday – Friday, 8 AM – 5 PM

Website: https://money.tamu.edu/

Phone: 979-845-SAVE (7283)

Location: Davilion 1st Floor







Student Loan

Love & Money

Buying a Car

Buying a Home

Savin







Overview of Selected Resources: Career and Development





Career Center

Location: Koldus Building



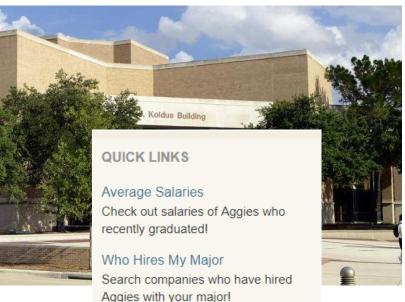
- Search jobs
- Apply for interviews, search leads (HireAggies)
- Attend career fairs
- Mock interviews
- Salary evaluation and negotiation
- Apply for AggieExternship

Contact: https://careercenter.tamu.edu/

Career advisors, Professional school

advisors





Professional School Admission Statistics

View Aggie admission statistics for dental, medical, pharmacy, and veterinary medicine schools.

Center for Teaching Excellence

Location: YMCA Building

Develop teaching methods, classroom management and assessment, teaching statement, course syllabus, teaching portfolio



For graduate students, postdocs, faculty

CIRTL @ TAMU – NSF funded nationally recognized network

TAR fellowship – year long, with stipend, expected to publish/present

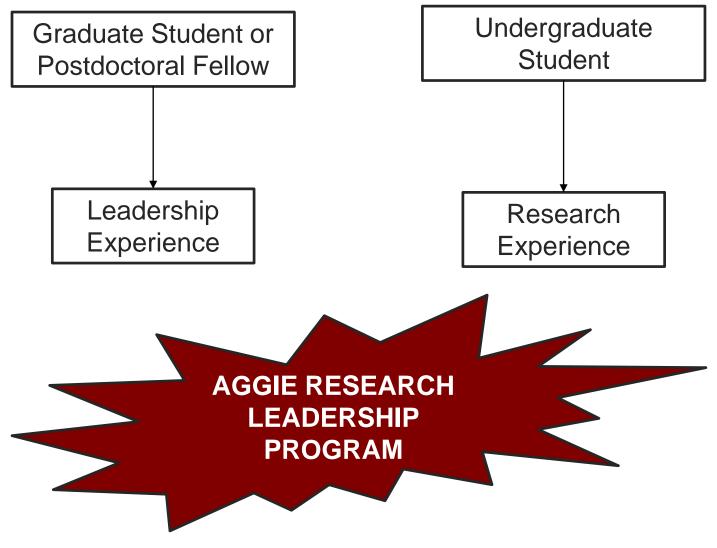
CCT – semester long course, 1 credit hour, certificate - nationally recognized

AFF – Free, semester long, core and elective sessions, certificate

Contact: https://cte.tamu.edu/ and http://cirtl.tamu.edu/

Dr. RaSheedah Richardson sheedah@tamu.edu | 979.845.0793 | 200G YMCA







Aggie Research Leadership Program

- Aggie Research Leadership Certificate.
- Aggie Research Scholars Certificate.

Website: aggieresearch@tamu.edu

Email: aggieresearch@tamu.edu



Power Studios

POWER stands for "Promoting Outstanding Writing for Excellence in Research".

POWER Services support graduate students who:

- Wish to improve their writing ability
- Wish to learn how to write more productively, or
- Struggle with their current writing skills.

Website: http://power.tamu.edu/

"A grad student in procrastination tends to stay in procrastination unless an external force is applied."



University Writing Center

One-to-one appointments for help with seminar papers,

proposals, theses and dissertations.

- Graduate Student Workshops.
- Proposal Retreats.
- Thesis and Dissertation Retreats.
- Website: https://writingcenter.tamu.edu/
- Phone: 979-458-1455
- Location: Room 1.214, Evans Library
 Room 205, West Campus Library







